

Ataxia UK – Derby Support group Newsletter 2 - March/April 2007

On Saturday 24 March 2007, thanks to Marta Hancock the Derbyshire and surrounding area Ataxia UK Support Group got together, numbering around a dozen or so. The venue, The Midland Hotel, located right next door to Derby railway station. a venue I might add very well chosen by Marta as the bar area which is open to the public was comfortable with the added bonus of having enough room for all and being waited on by the excellent hotel staff.

The group meeting which was friendly and informal, talked for a couple of hours about quite a wide range of subjects including , how there are different forms and levels of ataxia that can effect day to day living. Tips on where to get the right help for filling in claim forms, for benefits, and how best to fill them in and so on was discussed.

Other topics covered where the links between some of the group have with there medical specialists and consultants and how good or bad they are, offering suggestions of people and organisations who may be able to help, in an atmosphere of relaxed chat.

The meeting ended with everyone agreeing that we would like to meet here again and hope that more people with ataxia can come and join us. Marta has also suggested that some of the meetings which we agreed bi monthly could take place on an evening in the week so more opportunities for those who can't make the weekend meetings can join in.

Steve Boynton
March 2007

Date of Next Meetings

Both to be held at Midland Hotel, Midland Road, Derby DE1 2SQ

Wednesday 2nd May 7pm until late (I will be there until at least 9pm)

Saturday 2nd June 12pm until about 3pm

Marta 01332 294143 or 07977 050124