

Neurosupport November 2006 Diary

Wed 1st

Essential Tremor 1-4pm

Spinal Injury Group 3-5pm

Thurs 2nd

Welfare Benefits Advice 9am-3.30pm
Appointment Necessary*

Job Club 1-4pm

Fri 3rd

Parkinson's Disease Group 2-4pm

Mon 6th

Alzheimer's Society Support Group 2-4pm

Thurs 9th

Welfare Benefits Advice 9am-12pm
Appointment Necessary*

Job Club 1-4pm

Fri 10th

Brain Injury Advice 12-5pm
Appointment Necessary*

Merseyside Stroke Network 10.30am-12.30pm

Thurs 16th

MS Nurse Specialist 10am-12.30pm
Appointment Necessary*

Job Club 1-4pm

Welfare Benefits Advice 9-12pm
Appointment Necessary*

Fri 17th

Parkinson's Disease Nurse 10am-12pm
Appointment Necessary*

Thurs 23rd

Welfare Benefits Advice 9-12pm
Appointment Necessary*

Job Club 1-4pm

Fri 24th

Merseyside Stroke Network 10.30am-12.30

Thurs 30th

Welfare Benefits Advice 9-12pm
Appointment Necessary*

* Appointments can be made by contacting the Centre on 0151 298 2999

The Diary may be subject to change. Please contact the Neurosupport Centre to confirm.



Glance

Supporting people with neurological conditions and their families for more than 10 years

START OF A NEW ERA

As you may know, we are changing our name to **Neurosupport** - a more user-friendly name, and more descriptive of our work and ethos. And there's a new logo...



The new name will replace both the Mersey Neurological Trust name and the Glaxo Centre - our building will be renamed the Neurosupport Centre.

The name will officially come into use at our Annual Meeting on October 11th. This will take place from 1pm to 4pm and then Neurosupport will be up and running.



The Neurosupport Centre was delighted recently to host the launch for Molvia Maddox's book 'Perfectly Flawed.'

OPEN DAY Tuesday 10th October

In what promises to be a busy week-Neurosupport is also hosting an Open Day on Tuesday 10th October, from 10am - 4pm.

There will be displays and information from a number of neurological charities so come along and find out more about some of the conditions. It is also an opportunity to meet representatives from the charities and to find out more about the Neurosupport Centre. The day is free and open to all.

For more information contact **Danny Start at the Centre** on 0151 2982999 or email danny@neurosupport.org.uk



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Glance is available in large text, Braille and audio tape on request

Glance is available on the Neurosupport website: www.neurosupport.org.uk

If you wish to be added to the Glance mailing list, please contact the Information Officer using the telephone no. or email above.

Neurosupport does not necessarily share all of the views or opinions expressed in Glance.

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Annual Meeting

Wednesday 11th October

Our meeting will launch Neurosupport and present our Annual Report.

During the meeting a cheque will be presented to the winner of our Neurosupport new logo competition, Derrick Fielding. Derrick was one of many artists/designers who entered the competition and the judges thought his simple and striking design best summed up our work and aspirations for the future. We hope you agree.

Roger Cliffe-Thompson, local poet and humourist, will be on hand to entertain those attending the meeting with some rhymes and jollity.

Everybody is welcome to attend. If you would like to come then please contact Leo Kyprianou at the Centre on 0151 298 2999 or email leo@neurosupport.org.uk

Job Club

Last month a job club was launched at the Glaxo Centre, we found that the day went really well and a lot of people attended. The job club supports people who have neurological conditions are out of work and seeking employment. The club will help with c.v. preparation, job search, confidence building and interview skills. We also do basic skills assessments. The job club is available on a weekly basis until Christmas.

For more information please contact Gerry Tyrrell or Clair Stewart on 0151-298-2999.

Exhibition by Alan Martindale

Talented artist, Alan Martindale will be exhibiting his paintings in the wonderful atrium of our centre from 15 September to 24 November, as part of Liverpool's Art Biennial.

Alan has epilepsy and his art is colourful and expressive - so next time you come into the building, take a few moments to look around and sign Alan's visitor/comments book.

Danny Start
Senior Admin and Marketing Officer



Members of Janet Heyes' family

Many readers of Glance will remember with great warmth Dr Janet Heyes, who was a great supporter of the Glaxo Centre and a member of the management committee until her death in 2004. Her family and friends were delighted when she was nominated posthumously for the prestigious Duncan Medal. This is awarded by the Duncan Society to individuals who have made an outstanding contribution to the public health and well being of the community.

Special Patient Programme for People with Migraine or Severe Headache

Tuesday 24th Oct. 9.15-4.30

The Migraine Action Association are running a one day course at the Neurosupport Centre. The day is free, but places are limited.

Please contact Miranda Goldstone on 01529 461333 for more information or for an application form.

NEW COURSE for those interested in running a support group

Friday October 20th at 2pm

The Neurosupport Centre has organised a meeting for all those who are hoping to, are in the process of, or have recently set up a support group. Chris Wardell, the Development Officer from Mersey Disability Federation, will speak about the issues and processes involved in starting and running a new group.

For more information contact Maureen Kelly at the Centre on 0151 298 2999 or email: maureen@neurosupport.org.uk

'Perfectly Flawed'

The Neurosupport Centre was delighted to host the launch for Molvia Maddox's book 'Perfectly Flawed.' Molvia and Krystie gave some moving and spirited readings from the book, which relates an extraordinary account of how the family coped with Krystie's diagnosis of Friedreich's Ataxia and their subsequent battles, highs and lows. Krystie, who is now 16, concludes the book by saying:

" Life is so full of uncertainty for everyone. No one knows what's in store for them, but we can't just stand still and hope nothing bad comes our way. Life is for the living...whatever happens, I won't waste a second of my life, not ever! "

Copies of the book are available from the Centre priced £7.99.



Molvia Maddox and her daughter Krystie at the book launch.

Young Persons' Group

In August, the Young Persons' group held a successful launch day to introduce young people, aged 16-24 with a neurological condition, to our group and to let them know what the group was about. Several new members signed up on the day. We look forward to meeting all our new members at our next meeting and hope that there will be more wanting to join.

We would also like to thank all the people who attended the launch and those who work behind the scenes, who helped us set everything up. Without them we would not be where we are today.

The good news is that we recently received a grant for the next year from the Roald Dahl Foundation. This is to help with things we want to do, such as days out, weekends away etc.

If you would like to join the group, or want more information, then please contact either Clair Stewart or James McManus on 0151 298 2999. You are also welcome to pop down and see us at the Neurosupport Centre, but please ring first to make sure we're in!

Hope to see you all soon,

Clair & James

Hydro Active Women's Challenge Sunday 3rd September 2006



Congratulations to Helen Davies and Hannah Mann for taking part in the challenge and raising money for us

The money's still coming in and we'll let you know how much in the next Glance. Helen was diagnosed with a brain tumour last year but has recovered completely-many thanks Helen and more power to you!

It takes some of the staff here all their time to walk up the stairs... (mentioning no names!)

PRESENTATION TO THE WALTON CENTRE FOR NEUROLOGY AND NEUROSURGERY

Central Liverpool Branch of Parkinson's Disease Society was pleased to be able to present the Walton Centre, which serves patients from a vast area including Wales and the Isle of Man, with a cheque to purchase a piece of equipment for the Out-patient Department.

The appeal was started when nursing staff mentioned that patients would benefit greatly from a bladder scanner, which could be used both in the OPD, and in the community. It would lessen the time necessary for diagnosis by cutting out extra hospital appointments, help to assess the many patients who visit the OPD, would be easy for staff to operate and could be used for research in the future.

The Branch set about raising the amount of £8000 and this was achieved in August this year. A generous donation was given in memory of a late member; there were several other large, individual donations and there was a sale of donated goods at the Patient Information desk at the Walton centre. The Branch boosted the total from their funds, colleagues at the Ormskirk Branch also contributed but the target would not have been achieved so rapidly without a generous donation of over £2500 from their friends at the Burnley branch.



The photograph shows Mrs Brenda Carson, Central Liverpool Chairperson, presenting the cheque to Dr. N. Fletcher, Consultant neurologist specialising in Parkinson's Disease, who is accompanied by Nurse specialists and branch members. The cheque was given on behalf of all the people who assisted, in every way, with the fundraising with best wishes and grateful thanks for everything the Walton Centre and staff do for us all in the North West.

New format to Newsletter

To accompany our name change we have also changed the look and format of Glance.

What do you think? We would welcome your feedback, contact Kathryn using the email or phone no. on the back of Glance.

We have also changed our website and email addresses, although the old ones will still reach us for the moment. Please note the new addresses which have been used throughout the newsletter and amend your contact lists and favourites accordingly.

Neurosupport October 2006 Diary

Mon. 2nd

Alzheimer's Society Support Group 2-4pm

Tues. 3rd

Huntington's Disease Advice 1-3pm
Appointment Necessary*

Wed. 4th

Essential Tremor 1-4pm

Spinal Injury Group 3-5pm

Thurs. 5th

Welfare Benefits Advice 9am-3.30pm
Appointment Necessary*

Job Club 1-4pm

Fri. 6th

Parkinson's Disease Group 2-4pm

Tues 10th

Open Day 10am-4pm

Wed. 11th

Annual Meeting 1-4pm

Thurs. 12th

Welfare Benefits Advice 9am-12pm
Appointment Necessary*

Job Club 1-4pm

Fri. 13th

Brain Injury Advice 12-5pm
Appointment Necessary*

Merseyside Stroke Network 10.30am-12.30pm

Thurs. 19th

MS Nurse Specialist 10am-12.30pm
Appointment Necessary*

Job Club 1-4pm

Welfare Benefits Advice 9-12pm
Appointment Necessary*

PSP Advice 1.45-3.45 pm

Fri. 20th

Parkinson's Disease Nurse 10am-12pm
Appointment Necessary*

Tues 24th

Migraine Meeting

Thurs. 26th

Welfare Benefits Advice 9-12pm
Appointment Necessary*

Job Club 1-4pm

Fri 27th

Merseyside Stroke Network 10.30am-12.30