



Once again on the 26<sup>th</sup> of February The North Yorkshire Support Group met at the Holiday Inn, Tadcaster Road York. We welcomed 2 new members who were here for the first time, John from Driffield and Ann from Ripon. We were 12 in number and had 2 apologies from members who could not attend.

### ***Mobility.***

John had great difficulty attending the meeting as the rail company would not let him bring his scooter with him on the train. He had to travel by bus and Stewart had to pick him up in York. Travel is still not easy despite the discrimination act.

### ***Travel Insurance***

We discussed travel insurance, Tesco and Marks and Spencers will insure people with Ataxia at a reasonable rate.



### ***Ian's Story.***



Ian lives in Harrogate and for 10 years worked as a driver for Harrogate Ladies College. Since being diagnosed with Ataxia he is now retired. He liked to be involved with DIY and walking, but is now restricted to short walks and reading.

### ***Visits to Specialists***

As we went around everybody the subject of visits to specialist was talked about. The level of care seemed to vary across the county and from doctor to doctor.

### ***My News.***

Since the Feb. meeting Ann (my wife) visited her GP to ask her about the possibility of going to Sheffield as she has only being diagnosed with Chronic Spinocerabellar degenerate disease which does not identify which type of Ataxia she has. (We have been waiting since Aug 2005 for an appointment at Leeds to have this looked into and have not heard anything more since the consultant saw us about the result of a MRI scan.) Our GP wanted some more information and also to seek Ann's current consultant's permission before doing any thing else. So I rang Ataxia UK and spoke to

Doctor Julie Greenfield. She was very helpful and has sent me literature about Sheffield also a leaflet outlining guidance for clinical practise for doctors which I will pass on to my GP. I will keep you posted about progress.

**Items for the news letter.**

I am just the editor I would welcome articles for the news letter such as progress with Doctors/Social Services etc. Information and any thing else that will interest our group (even jokes). Keep it to about 200 words (the length of **my news** about 13 lines at this font size.) **Remember it is your news letter.** I hope this size of print is OK.

**Finances**

A collection was made and Kelly was designated unofficial treasurer.

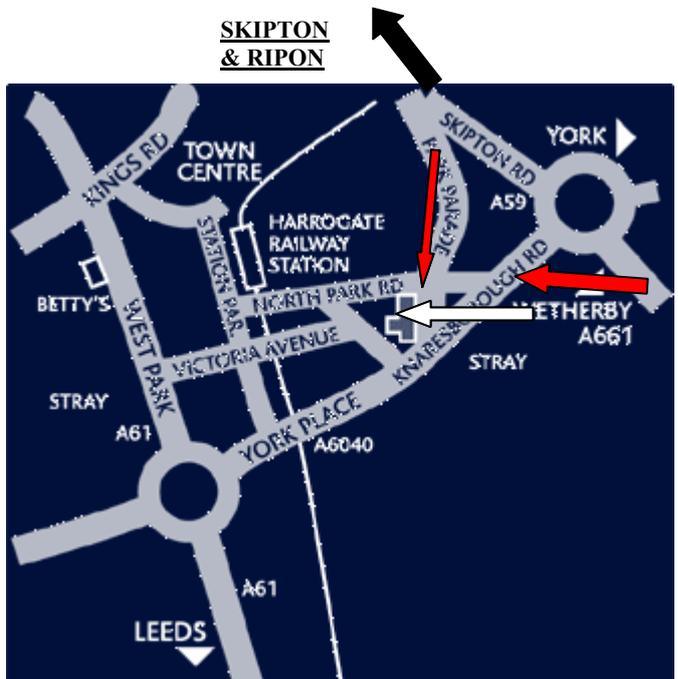
**Date and Place of Next Meeting**

We will be meeting at the **Cedar Court Hotel, Harrogate** [White arrow]

Park Parade  
off Knaresborough Road Harrogate

HG1 5AH  
on the 26<sup>th</sup> March 2007  
Tel: 01423 858585

Fax: 01423 504950  
[access one way from Skipton Road or Knaresborough Road, *red arrows.*] Buses run from station along Knaresborough Road they go down North Park Road. Every 10 mins approx.



**...and Finally**

I have been instructed to record our thanks to the staff of the Holiday Inn in York for their willing help they gave the group.

*This news letter has been produced by the North Yorkshire Support Group of Ataxia UK and the views expressed within the news letter do not necessarily represent the views of the Charity itself.*